Helping Seniors Improve Health & Solve Care Challenges





Do you need help?

Finding care, overcoming health challenges and providing support and advice to clients is what My Healthcare Concierge is all about. Our services help people who are:

- Coping with Alzheimer's / Dementia or Parkinson's
- Living with cancer, stroke or heart disease
- Looking for treatment alternatives or a second opinion
- Considering a Retirement Home, Assisted Living or Long Term Care
- Recovering from a fall, fracture or surgery
- Suffering from caregiver burnout and need help
- Preparing for hospital discharge
- Looking for or coordinating homecare (public or private)
- Deteriorating rapidly and have declining health

www.myhealthcareconcierge.ca 1-877-660-0585

Get help now

Every day we help seniors and families just like yours to improve health, solve care challenges and enhance quality of life. We are here to help you.



Call us today or visit us online

for a no obligation telephone consultation with one of our expert care professionals.



7851 Dufferin Street, Suite 102 Vaughan ON L4J 3M4

Telephone: 416-277-1777 **Toll Free:** 1-877-660-0585

Email: concierge@myhealthcareconcierge.ca **Website:** http://www.myhealthcareconcierge.ca

Solving Challenges and Improving Quality of Life

When challenges related to aging, illness or injury strike, many families are faced with the difficult task of navigating the healthcare system, finding community supports and managing care providers. My Healthcare Concierge offers an entirely different approach to senior care. We are the only company to combine physician led healthcare navigation and total homecare coordination with in-home restorative (rehabilitation) treatment services to support you and your loved one through the challenge and to an improved quality of life.

Why Choose My Healthcare Concierge?

Experts in Healthcare and Homecare

Our entire team are experienced caring medical professionals who are deeply knowledgeable in advanced medical care and rehabilitation.

Personal Planning and Support

We assign you a personal Care Manager and Restorative Therapist. We implement meaningful care plans that are totally unique to you.

Physician Led Services

Our MD Medical Director works with our clients and partners every day to provide medical advocacy, healthcare assessments, and health system navigation.

Accessible and Flexible Service Delivery We provide services and support when and where it is convenient for you.



Our Services

We offer a range of services that focus on improving function and restoring quality of life, while solving your healthcare or homecare challenges.

Better Living Plan

The first step is to come to your home to understand daily function, health and your goals to identify what is needed to maintain independence and improve health. The Plan provides advice and suggests public and private services to solve the challenge and improve quality of life.

Care Coordination

We initiate and manage all aspects of care including: Personal Care, Nursing and Medical Equipment. We can also assist in selection of Assisted Living and Long-term Care Communities.

Healthcare Navigation

Get help understanding medical diagnosis and treatment options. Led by our physician Medical Director, we will translate medical jargon, talk to your doctors to advocate for you, and help you make important medical decisions. We help you explore different options, improve timing, and get the most out of a complicated health system. We can also help find second opinions, or manage U.S. or international healthcare.



Restorative Health Services

Restorative Health Treatment (Rehabilitation) services improve physical, social and cognitive function. Our Registered Therapists have specialties ranging from occupational therapy to speech language pathology. Whether you or your loved one is coping with dementia, recovering from a stroke, regaining mobility, or simply have lost independence, we can help.



"When Dad got sick, we didn't know where to turn for help. The team at My Healthcare Concierge helped us explore our options and got us the care our parents needed. I don't know what we would have done without them."

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